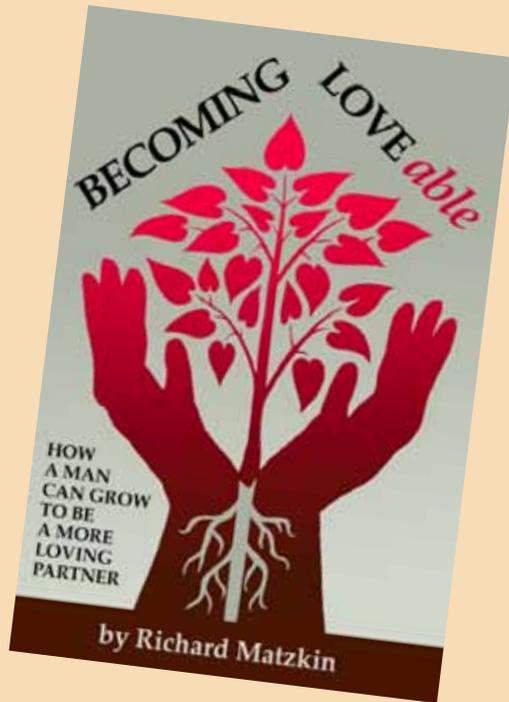


## BECOMING LOVE ABLE

*How a man can grow to be a more loving partner*

By Richard Matzkin



*“Becoming Love Able is a book every man would do well to read and every woman wishes the man she loves would have the good sense to devour. Richard Matzkin is a man who knows of which he speaks. For any man who has the desire and the courage to become love able, I highly recommend this book.”* Jed Diamond, PhD, author of *The Enlightened Marriage: The 5 Transformative Stages of Relationships and Why The Best is Still To Come*

### FACTS ABOUT

Author: Richard Matzkin  
Release date: August 2022  
ISBN: 978-1-506-90731-4 (Paperback)  
ISBN: 978-1-506-90732-1 (eBook)  
ISBN: 978-1-506-90781-9 (Audio book)  
Page count: 334  
Available in both eBook formats

You’ll see shelves lined with books on relationships, love, and marriage in any bookstore or library. The vast majority are read by women trying to find love, make sense of their relationship, or discover ways to repair a broken love. Almost all of these books are slanted toward the women who will read them; few are directed toward men. Yet most men lag behind women in their understanding of love and relationships. They need guidance.

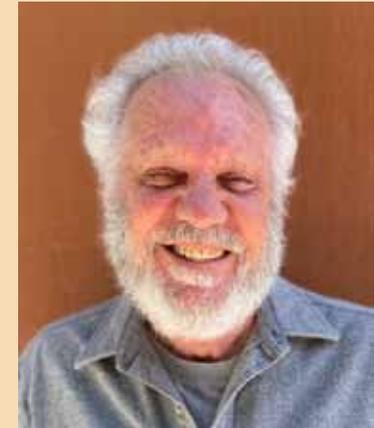
Why? Because men love different. Understanding those differences will help a man navigate the sometimes turbulent seas of relationship.

Richard Matzkin, an award-winning author of three books, wrote this book from the male perspective. Men process information differently than women, so the book’s ideas are delivered in way men understand, short, meaty chapters, without case histories, dialog, or written exercises. There is no fluff, just concrete, specific, and goal-oriented ideas since most men tend to be tuned to action. The book lays out the raw truth about love from the male point of view. This kind of love is distinctly masculine, not New Age nor the old model of male dominance. Matzkin’s approach invites the man to show his masculine core and ask his partner to show up with her full feminine power.

Matzkin introduces thirty-nine behaviors that encompass the essence of love. These loving behaviors, when practiced and brought into a relationship, will cultivate a strong, unbreakable partnership. He used his four-decade loving relationship as proof of these principles. The book is not for young men still exploring but for a man with life experiences and ready to settle down into a committed relationship with one person. And the book is not for people with deeply troubled relationships as this is not therapy. Readers looking for a quick fix won’t find it here. What they will find is a way of life that invites profound, abiding love.

A foundation built on a bedrock of a solid love between intimate partners is potent. This book is for men wanting to expand their relationship and deepen their commitment to a genuinely love-abled life.

Author Richard Matzkin



Richard Matzkin, MA, Psychology, counts his life’s greatest accomplishment as his four-decade loving marriage to his wife, Alice.

Retired now, except for speaking engagements, seminars, and workshops, Richard was director of a court-mandated program for men who were violent toward their partners and program director of a psychiatric hospital in Los Angeles. He had been active in men’s work both as a leader and participant and facilitated men’s therapy and consciousness-raising groups for years.

An accomplished sculptor, jazz drummer, and multiple award-winning author, he and Alice wrote *The Art of Aging*, which featured her paintings and his sculptures. In addition, Richard taught mediation in the Siddha Yoga tradition. Currently he is working on a book about relationships and aging, titled *Love and Time*, to be published before the end of the year. Previously, he co-authored with Alice *The Art of Aging*, and published *Loving Promises*, and *Manifesto, A call for Men to Become Warriors for Kindness*. He lives with Alice, three chickens, and Roamio, the cat, on an acre at the end of a road in the hills above the small hamlet of Ojai, California.

<https://TheMatzkins.com>

[facebook.com/AliceAndRichardMatzkin-AuthorsAndArtistsAndLovers](https://www.facebook.com/AliceAndRichardMatzkin-AuthorsAndArtistsAndLovers)

Media Contact: Kathleen Kaiser  
Kathleen@kathleenkaiser.com